

CBSL GUIDELINES TO SAFE PLAY 2022

Last updated March 19, 2022

The safety guidelines listed below are measures to be taken before, during, and after a Colchester Little league baseball & softball event. This will include any tryouts, practice, game or any on field event associated with Colchester Little League. Any and ALL prevention strategies put forth by the CDC, State of Connecticut, The Town of Colchester or the Chatham Health District will be strictly followed to promote the safe play of baseball and softball in our community.

A copy of these guidelines can be found on our cbsl.org website. These guidelines are subject to change at any given moment based on the criteria set forth by Federal, State, Local, and Town officials in regard to the Covid-19 pandemic.

If there are questions, please contact eob@cbsl.org and/or president@cbsl.org

Relevant links:

Latest Guidelines from CT Department of Health:

<https://portal.ct.gov/Coronavirus/Covid-19-Knowledge-Base/Latest-COVID-19-Guidance>

<https://www.littleleague.org/downloads/season-resumption-guide/>

GUIDELINES OVERVIEW:

- No Coach, Player, Umpire, League Official or Spectator is permitted to attend games or practices who have an active COVID-19 infection, known direct contact with a person who tested positive, a fever or a cough. If you are sick, please stay home.
- Each field will be limited to two teams, the coaches, approved volunteers, and the officials. Spectators will be asked to stay within the viewing areas made available to them.
- All Players, Coaches and Spectators are required to adhere to State, Local, and Town guidelines in regards to COVID-19.
- It is the responsibility of every person attending games to adhere to all CBSL rules & guidelines.
- Any player, coach, official, umpire, or family member who tests positive for Covid-19 shall notify CBSL immediately to prevent potential spread.
- If a player/volunteer is in quarantine, please notify your coach so they can plan accordingly.
- Violating the guidelines presented by the CBSL EOB Board will result in disciplinary action as deemed appropriate.
- Any player sent home from school or asked by their school to quarantine for any reason needs to notify CBSL or their manager immediately.

SCREENING

- CDC Guidelines ask the parents to check their children's health regularly.

PERSONAL PROTECTION FOR ALL ATTENDEES

- Face coverings are not required, however the EOB, coaches and teammates will be supportive of players / families that choose to wear them.
- Athletes, volunteers and spectators are required to follow state and local guidelines.

EQUIPMENT

- Each team shall be provided with 2 full sets of catcher's gear which shall not be shared.
- Teams will be provided with extra equipment (bats, helmets, etc.) as needed. If your player has an equipment need, please fill out this form:
[CBSL Equipment request form - Google Forms](#)

PRACTICE

- Coaches & volunteers may keep players in small groups at practice to allow for physical distancing.
- Practices will be scheduled with at least a 30 minute buffer to prevent overlap of participants.
- Only Coaches, approved volunteers and players will be allowed on the field.
- Parents are not allowed to gather in the areas designated for coaches and players.

GAMEDAY

- Only on deck batters will be allowed outside the fence.
- All other players will remain in designated spots.
- Post game high fives are permitted but may be replaced with clapping or tip of the hat.
- No food, gum, seeds, etc. will be allowed in the field area
- Umpires will follow Little League Guidelines

TRANSPORTATION/SNACKS/HYDRATION

- Athletes are encouraged to travel to the venue alone or only with members of their immediate household, if possible.
- All players and coaches shall bring their own water bottles. Water bottles shall not be shared.
- Water bottles shall be kept with each player's equipment in their own designated area.

FIELDS

- We will be using the Recplex, Cody Camp, and fields at JJIS for our games and practices. The Town of Colchester requires all players and volunteers to have a COVID waiver on file. It is the spectator's responsibility to adhere to all guidelines set forth by this document and in accordance with state, local, and town regulations. Any spectator who doesn't adhere to these guidelines will be asked to move to a different area or to leave the area / field.
- Parents are allowed to sit in designated viewing areas.
- EOB & Coaches & Approved Volunteers should assist with crowd control.
- Field Prep shall be done in the 30 minutes prior to player's arrival by both teams.
- Players will place their equipment in designated areas.
- Each player will have a spot for their helmet, bat, and batting gloves. All other equipment shall be placed in their designated spot.
- Bullpen: 1 pitcher, 1 catcher, and 1 coach allowed at a time.
- Batting Cages: 1 player and 1 coach in batting cages and no more than 3 waiting outside cage.
- During Games, Players are to keep their equipment in one designated spot throughout the game and only remove it from that spot when entering the field of play or if a pitcher needs to warm up prior to entering the game.

PARENT/SPECTATOR SEATING AREA:

- Parent(s)/Spectator(s) are urged to bring their own seats/chairs to game and MUST comply with current state of Connecticut and Chatham Health District guidelines.
- All restrooms at the facility are sanitized at the RecPlex by the Town of Colchester.
- The facility at Cody Camp will be spray sanitized by a volunteer after each event.

SCORE BOX

- The score Box will be limited to 2 adults maximum at all times. If able 1 adult will run the scoreboard and 1 will be the official scorer. This will free up coaches from having to score the game and be able to supervise players better.
- Only people approved by the managers of that game are allowed in the press box.